



September 10, 2022



Good Grief FAMILY CAMP

A special one-day camp offering support & fun for families who have lost a loved one.



Save the date!



Children grieve too...

Grieving children often feel alone because they may not know anyone their age who has experienced the death of a family member or friend. Grief comes in "waves" for children. Our support can help families whether it has been just weeks, several months, or even years since the loss.

Good Grief Family Camp offers children and their families a full day of both support and fun. Your child will learn valuable tools to help them grieve in a healthy way, while connecting with other children who have also lost a loved one.

Your child will make new friends while participating in a wide range of activities that may include:

- Arts/Crafts
- Bingo with Prizes
- Singing
- Family Activities
- Pet Therapy
- Live Book Reading
- Games
- Zip-lining
- Breakfast and Lunch Provided



UpliftedCare

FOUNDED AS HOSPICE OF KANKAKEE VALLEY

- When:** Saturday, September 10, 2022
Camp will be held rain or shine.
- Hours:** 8:00 a.m. – 5:00 p.m. (registration 8:00-9:00)
- Who:** Good Grief Family Camp is open to children and teens, ages 5 through 18 and their parents/guardians.
- Where:** The camp will be held at
Camp Shaw-Waw-Nas-See
6641 N 6000W Rd, Manteno, IL 60950
- Cost:** Absolutely no charge – the camp is provided as a FREE service of UpliftedCare.

